

# International Conference on Mental Health 2016

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9 > 11 September

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Brussels

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Pre-programme

# International Conference on Mental Health 2016

## Belgian Scientific Committee:

- Université catholique de Louvain (Pr N. Zdanowicz)
- Universiteit Gent (Pr C. Baeken)
- Université Libre de Bruxelles (Pr V. Delvenne)
- Vrije Universiteit Brussel (Pr C. Baeken & Dr S. Hermans)
- Société Royale de Médecine Mentale

## International Committee

- Cambridge University (Dr M. Agius & R. Zaman)
- Centro Studio Psy (Italy) (Dr G. Tavormina)

## Date & venue

9-11 September 2016, pavillon des conférences, Clos Chapelle aux Champs 19, 1200 Brussels

## Sponsors

Pfizer - Eurogenerics - KRKA - Lundbeck - CH Ambroise - Paré Chêne aux Haies

## Registration (Lunch and coffee break included)

- Psychiatrist : 200 € for the 3 days by bank transfer with communication : name(s) + registration
- Student : 100 € for the 3 days only with a scan of valid student card sent to [jean.pierre.felix@skynet.be](mailto:jean.pierre.felix@skynet.be), by bank transfer with communication : name(s) + registration

IBAN : BE81 7320 3853 5424 Name of the account : CONGRES PSY UCL

BIC : CREGBEBB CBC Bank

**On site 250 €**

## Website:

[evenements.chuucnamur.be](http://evenements.chuucnamur.be)

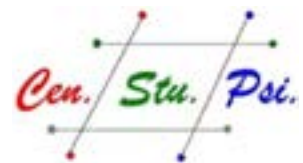
## Organisators and Contacts

Pr N. Zdanowicz, CHU UCL Namur ([nicolas.zdanowicz@uclouvain.be](mailto:nicolas.zdanowicz@uclouvain.be))

Dr J. Tecco, CH Ambroise-Paré Chêne aux Haies ([JuanMartin.Tecco@hap.be](mailto:JuanMartin.Tecco@hap.be))

J.P. Felix ([jean.pierre.felix@skynet.be](mailto:jean.pierre.felix@skynet.be))

with the collaboration of



Accreditation asked to International Accreditation, RIZIV – INAMI with CP in psychiatry and in ethics

## Friday 9 September

8:30 – 9:45      Opening  
*Pr Baeken C., Universitair Ziekenhuis Gent & Brussels, Belgium*

### Child and adolescent

**Chair: Pr Gorgieff N., Université Lyon 1 Claude Bernard, France**

9:00 – 9:15      News in autism: some critical issues  
*Gorgieff N., Université Lyon 1 Claude Bernard, France*

9:15 – 9:30      Are SSRIs responsible for precipitating mania in teenagers ?  
*Hogg S., University of Cambridge, United Kingdom*

9:30 – 9:45      Emotional competence and eating disorders  
*Goffinet S., La Ramée Hospital, Epsylon network, Brussels, Belgium*

9:45 – 10:00     Gaming as a therapeutic tool in adolescence: experience of Institutional Therapy  
*Descamps G., Université catholique de Louvain, CThA, Bruxelles, Belgium*

10:00 – 10:15    New politics on child and adolescent psychiatry  
*Delvenne V., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium*

10:15 – 10:20    Catatonia in adolescence  
*Beudin C., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium*

10:20 – 10:25    Multimodal emotional recognition in adolescents with externalised disorders  
*François A., Université Libre de Bruxelles, CHU Saint-Pierre, Bruxelles, Belgium*

10:25 – 10:30    News in early intervention in autism  
*Geoffroy MM., ITTAC, CH le Vinatier Lyon, France*

10:30 – 10:35    Transmissions of the psychic trauma of mother to baby  
*Thevenet M., ITTAC, CH le Vinatier Lyon, France*

10:35 – 10:50    Discussion

**10:50 – 11:20    Coffee break**

### Psychosis

**Chair: Pr Delvenne V., Université Libre de Bruxelles, CHU des Enfants Reine Fabiola, Bruxelles, Belgium**

11:20 – 11:35    Review of differential psychosis rates in different ethnic groups  
*Ngaage M., University of Cambridge, United Kingdom*

11:35 – 11:50    Update on meta-analysis of treatment in Prodrome  
*Deas G., University of Cambridge, United Kingdom*

11:50 – 12:05    The salience framework in schizophrenia  
*Conci E., University of Cambridge, United Kingdom*

- 12:05 – 12:10 Metabolic side effects of antipsychotics  
*Jesus I., Charles University Prague, Czech Republic*
- 12:10 – 12:15 Psychopathological characteristics of patients with first-episode psychosis and chronic schizophrenia: a descriptive comparison SHORT  
*Del Bello V., Psychiatrist in training, University of Perugia, Italy*
- 12:15 – 12:20 The role of selective estrogen receptor modulators in the treatment of schizophrenia  
*Bratek A., Dpt of Psychiatry and Psychotherapy, Medical University of Silesia, Katowice, Poland*
- 12:20 – 12:35 Discussion
- 12:35 – 14:00 Lunch**

### **Bipolar Disorder**

**Chair: Dr Tecco J., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium**

- 14:00 – 14:15 Bipolar disorder and early affective trauma  
*Belkacemi I., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium*
- 14:15 – 14:30 Proposals for a guideline to treat bipolar disorders mixed states  
*Tavormina G., President of Psychiatric Studies Centre, Brescia, Italy*
- 14:30 – 14:45 Critical aspect of late-onset bipolar disorder: from nosology to treatment management  
*Cervone A., Mental Health Dpt, Napoli, Italy*
- 14:45 – 15:00 A 32-year old bipolar man called Banderas: a tangoARTherapy case report  
*d'Errico I., Psychiatrist, Psychotherapist, Bari, Italy*
- 15:00 – 15:15 Risk and efficacy in cognitive functions in BD II with atypical antipsychotic augmentation  
*Franza F., Consultant Mental Health Dpt, "Villa dei Pini", Avellino, Italy*
- 15:15 – 15:30 Utilization of Long-Acting Injectable (LAI) antipsychotics in bipolar disorders patients with low-response to other mood-stabilisers  
*Stranieri G., Mental Health Dpt, Catanzaro, Italy*
- 15:30 – 15:35 Bipolar disorder in pregnancy: should we use Lithium ?  
*Kamenou I., University of Cambridge, United Kingdom*
- 15:35 – 15:40 Bipolar disorder, suicide rates and mixed states  
*Annear D., University of Cambridge, United Kingdom*
- 15:40 – 16:00 Discussion
- 16:00 – 16:30 Coffee break**

## **ETHICS I**

**Chair : Dr Agius M., University of Cambridge, United Kingdom**

- 16:30 – 16:45 Stigma in Malta and the Mediterranean - a historical view  
*Agius M., University of Cambridge, United Kingdom*
- 16:45 – 17:00 The ethics and neurobiology of treating young patients with antidepressants  
*Agius M., University of Cambridge, United Kingdom*
- 17:00 – 17:15 Public conceptions of mental illness  
*Wilczynski K., Students' Scientific Association, Medical University of Silesia, Katowice, Poland*
- 17:15 – 17:30 DSM: what else?!  
*Schepens P., Clinique de la Forêt de Soignes (Silva Médical), Waterloo, Belgium*
- 17:30 – 18:00 Discussion

## **Saturday 10 September**

### **Addictions**

**Chair : Dr Herremans S., Universitair Ziekenhuis Gent, Belgium**

- 8:45 – 9:00 Neuromodulation in addiction: an update  
*Herremans S., Universitair Ziekenhuis Gent, Belgium*
- 9:00 – 9:15 Continued care following alcohol detoxification in Belgium: the 2015 ICArUS survey  
*Zeeuws D., Universitair Ziekenhuis Brussel, Belgium*
- 9:15 – 9:20 Tryptophan metabolism in alcohol-dependent patients  
*Verplancke T., Université catholique de Louvain, Saint-Luc, Brussels, Belgium*
- 9:20 – 9:25 How to prevent obesity: changing the life-style  
*Juli MR., Psychologist, Foggia, Italy*
- 9:25 – 9:30 The social networks: new challenge or new addiction?  
*Colucci A., Psychologist, Napoli, Italy*
- 9:30 – 9:45 Discussion

### **PFIZER SATELLITE SYMPOSIUM**

- 9:45 – 10:20 Managing major depressive disorder in older adults  
*Sajatovic M., Professor of Psychiatry and Neurology, University Hospitals Case Medical Center, Cleveland, USA*
- 10:20 – 10:30 Discussion
- 10:30 – 11:00 Coffee break**

## rTMS

**Chair: Pr Zaman R., University of Cambridge, United Kingdom**

- 11:00 – 11:15 TMS in ADHD  
*Zaman R., University of Cambridge, United Kingdom*
- 11:15 – 11:30 Effects of High Frequency Repetitive Transcranial Magnetic Stimulation (HF-rTMS) of the left Dorsolateral Prefrontal Cortex (DLPFC) on peripheral white blood cells  
*Van Eycken S., Universitair Ziekenhuis Brussel, Belgium*
- 11:30 – 11:45 The effect of rTMS protocols on central and periferal BDNF in healthy dogs  
*Dockx R., Universitair Ziekenhuis Gent, Belgium*
- 11:45 – 12:00 The effect of technical stimulation parameters in prefrontal tDCS research on cognition: stimulation dose-dependency in healthy and psychiatric cohorts  
*Dedoncker J., Universitair Ziekenhuis Gent, Belgium*
- 12:00 – 12:15 Discussion
- 12 :30 – 14 :00 Lunch**

## Free Communications

**Chair : Pr Matthijs F., Universitair Ziekenhuis Brussel, Belgium**

- 14:00 – 14:15 Management of ADHD and SUD: implementation of a guideline  
*Matthijs F., Universitair Ziekenhuis Brussel, Belgium*
- 14:15 – 14:30 CBT/DBT skills training for adults with ADHD  
*Cole P., Dpt of Mental Health and Psychiatry, University Hospital of Geneva, Switzerland*
- 14:30 – 14:45 Epidemiology of serious mental health in Malta - Consequences for developing a new psychiatric hospital and community psychiatry  
*Grech A., Dpt of Health, University of Malta, Malta*
- 14:45 – 15:00 The new functional identity: a body that thinks, a mind that feels  
*Spurio MG., Psychologist, Roma, Italy*
- 15:00 – 15:15 Family crimes inside the Italyn families: a social or psychiatric problem?  
*Maierà E., Mental Health Dpt, Cosenza, Italy*
- 15:15 – 15:30 Implementation of the Motek Caren system in behavioural therapy of patients with anxiety disorders  
*Krysta K., Dpt of Rehabilitation Psychiatry, Medical University of Silesia, Katowice, Poland*
- 15:30 – 15:45 Film on joint education of trainee GPs and Psychiatrists  
*Butler S., University of Cambridge, United Kingdom*
- 15:45 – 16:00 Harassment in working places between different public sectors  
*Urlic I., University of Split, Croatia*

16:00 – 16:05 Renal failure and Maslow’s hierarchy of needs  
*Lindsey I., University of Cambridge, United Kingdom*

16:05 – 16:20 Discussion

**16:20 – 16:50 Coffee break**

## **ETHICS II**

**Chair: Dr Jacques D., Université catholique de Louvain, CHU UCL Namur, Belgium**

16:50 – 17:05 Bariatric surgery ethical aspect in liaison psychiatry  
*Jacques D., Université catholique de Louvain, CHU UCL Namur, Belgium*

17:05 – 17:20 An ethical project: thinking to mood disorders and psychiatric disorders as “normal” illness - First data from the questionnaire on social stigma  
*Tavormina M., Mental Health Dpt, Napoli, Italy*

17:20 – 17:35 Social welfare in mental health department for a good clinical practice  
*Amorosi M., Consultant Mental Health Dpt, Pescara, Italy*

17:35 – 17:50 Neurobiological effects and ethical questions on accelerated neurostimulation  
*Baeken C., Universitair Ziekenhuis Gent, Universitair Ziekenhuis Brussel, Belgium*

17:50 – 18:20 Discussion

**19:30 Gala dinner**

## **Sunday 11 September 2016**

## **Drugs**

**Chair: Dr Tavormina G., President of Psychiatric Studies Centre, Italy**

9:30 – 9:45 Use of drugs in dementia  
*Eleti S., University of Cambridge, United Kingdom*

9:45 – 10:00 Pharmacogenetics: does a personal therapy exist?  
*Juli G., Biologist, Roma, Italy*

10:00 – 10:05 Neurocognitive assessment in the primary negative symptoms of schizophrenia: a role of atypical antipsychotics  
*Carpentieri G., Avellino, Italy*

10:05 – 10:10 Pain and antidepressant medication  
*Jesus C., Charles University Prague, Czech Republic*

10:10 – 10:15 Megadose Bromazepam dependence  
*Bastide A., CHUP Mons-Borinage, CHU Ambroise Paré, Mons, Belgium*

10:15 – 10:30 Discussion

**10:30 – 11 :00 Coffee break**

## Mood disorders and/or immunity

**Chair: Pr Kornreich C., President of the Royal Society of Mental Medicine Belgium**

- 11:00 – 11:15 Treating refractory depression: testing a combined treatment model using antidepressants, tDCS and mindfulness-based cognitive therapy  
*Kornreich C., Université Libre de Bruxelles, Belgium*
- 11:15 – 11:30 Comparison of components of the depression of hospitalized patients admitted through the emergency department or consultations  
*Zdanowicz N., Université catholique de Louvain, CHU UCL Namur, Belgium*
- 11:30 – 11:35 Evaluation of the cortisol levels in patients with mental disorders  
*Tobolska D., Students' Scientific Association, Medical University of Silesia, Katowice, Poland*
- 11:35 – 11:40 Immunity, coping and depression  
*Manceaux P., Université catholique de Louvain, CHU UCL Namur, Belgium*
- 11:40 – 11:45 Humoral immunity, family and depression  
*Dubois T., Université catholique de Louvain, CHU UCL Namur, Belgium*
- 11:45 – 11:50 Comparison of MHLA and Coping Mechanism on hospitalised depressed patients admitted through emergency room or consultation dpt  
*Gigot C., Université catholique de Louvain, CHU UCL Namur, Belgium*
- 11:50 – 11:55 Depression, gender and cellular immunity: influence of sex and severity of depression on the cellular immunity  
*Fagniard M., Université catholique de Louvain, CHU UCL Namur, Belgium*
- 11:55 – 12 :10 Closing  
*Pr Reynaert Ch., Université catholique de Louvain, CHU UCL Namur, Belgium*